

# HEIDI MARIE PAGE, MPH, RD

## MEMORIAL SCHOLARSHIP



Heidi Page was born August 2, 1971 in Washington, D.C., living with her family in Annandale, Vienna, and Newport News, Virginia before they returned to Kansas. She began school in Lansing in January 1977, as a kindergarten student. From age 7, Heidi was active in 4-H, first as a member of the Fairmount 4-H Club, then of the Boling 4-H Club, where as President, she was a mentor to the younger members. Learning to play flute in fifth grade, she also played piccolo in the high school band. At the age of fourteen, Heidi was an exchange student to Japan through the 4-H LABO program, living with the Takagi family in Sekigahara, Japan for six weeks. She began keeping a journal at that time and presented slide presentations to clubs and groups throughout the county upon her return. Heidi represented Leavenworth County on a 4-H trip to D.C., Citizenship Washington Focus, and as a senior, received the 4-H Key Award.

Active in Cross country, Lionettes, and Track all four years of high school, Heidi's 3200 meter run was a school record for some time. As a sophomore, Heidi was chosen as the Hugh O'Brien Youth (HOBY) Ambassador from Lansing. She was active in Kayettes, serving as vice-president her senior year, while also president of the Student Council, a member of the National Honor Society, and an employee of McDonalds. In 1989, Heidi's class was the first to graduate from the new Lansing High School.

At the University of Kansas, Heidi studied East Asia Language and Culture, learning to speak Japanese. She graduated with a Bachelor of Arts degree from KU in 1993, followed by a year of postgraduate studies at Central Missouri State University. Heidi moved to Hawaii, attending the University of Hawaii at Manoa, Honolulu, where she received a Masters Degree in Public Health and Nutrition in December, 1995. She worked at the Cancer Research Center of Hawaii and as a nutrition counselor at the Tripler Army Hospital. She also taught aerobics, and in April, 1996, passed the exam to become a Registered Dietician. In November of 1997, Heidi lost her battle with depression.

Among Heidi's adventures were hiking and photographing numerous trails of the Hawaiian Islands. One of the hiking trails in the Palolo Valley, Oahu has a plaque on a granite boulder commemorating Heidi's life and her love of nature. Heidi is survived by her parents, Rick Page and Carol Page, and her sister Dawn.

- 1. Applicant must rank in the top 25% of graduating class.**
- 2. Selection will be based on leadership, team participation, and kindness to others.**
- 3. Applicant must attend a four year college.**
- 4. A completed application, an essay of 250 words or less and TWO teacher evaluations with counselor section is required.**

