

Kansas Health Education Standards
Content Standards for Family Life, Relationships and Human Sexuality

Standard #1: Students will comprehend concepts related to health promotion and disease prevention to enhance health.

Standard #2: Students will analyze influences on health behaviors (including family, peer, culture, media, technology and other factors).

Standard #3: Students will demonstrate the ability to access and analyze valid information and products and services to enhance health.

Standard #4: Students will demonstrate the ability to use interpersonal communication skills to enhance health or reduce health risks.

Standard #5: Students will demonstrate the ability to use decision-making skills to enhance health or reduce health risks.

Standard #6: Students will demonstrate the ability to use goal-setting skills to enhance health or reduce health risks.

Standard #7: Students will demonstrate the ability to practice health-enhancing behaviors to enhance health or reduce health risks.

Standard #8: Students will demonstrate the ability to advocate for health.

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Grade Level	Benchmark: The students will know, comprehend, apply, analyze, synthesize and/or evaluate:
K-2	2.1 Stages of growth and development 2.2 Body parts and their functions 2.3 Five senses 2.4 Similarities and differences as individuals and families 2.5 Adapting to changes within families 2.6 Responsibilities/roles of family members
3-5	5.1 Building healthy relationships 5.2 Changes associated with puberty 5.3 Respect yourself and others 5.4 Adapting to changes within families 5.5 Stages of development
6-8	8.1 Changes during puberty 8.2 Refusal skills 8.3 Responsible behaviors within relationships (communication, abstinence, etc.) 8.4 Male and female reproductive systems 8.5 Potential outcomes of sexual activity 8.6 Seeking reliable adult advice regarding relationships, dating, and sexual activity 8.7 Laws associated with sexual behaviors (consent, harassment, assault, rape, etc.)
9-12	12.1 Adapting to changes associated with puberty 12.2 Adapting to change within the family 12.3 Changing responsibilities from adolescence to adulthood 12.4 Responsible behaviors within relationships (communication, abstinence, etc.) 12.5 Potential outcomes of sexual activity (STIs, pregnancy, etc.)

Kansas Model Curricular Standards for Health Education
2018

	12.6 Impact of media and technology on sexual behaviors 12.7 Laws associated with sexual behaviors (consent, harassment, assault, rape, human trafficking, etc.) 12.8 Differences between individual, family, culture, community, and global values
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